



## **Oral Sedation Instructions:**

**The purpose of taking this medication is to decrease anxiety prior to and during your dental treatment. It is to be used only short term. The benefit of Halcion (triazolam) is that it has a short period of effect, on average 5-6 hrs and a maximum of 6-8 hrs.**

1. Be sure not to take other sedatives, benzodiazepines or sleeping pills with this drug. Do not drink alcohol when taking benzodiazepines. Alcohol can lower your blood pressure and decrease your breathing rate to the point of unconsciousness.
2. **You must have a driver bring you to and take you from your appointments when oral sedation is to be used.**  
**For your safety, the driver must personally bring you to the office and stay for the duration of your appointment.**  
**Please give the name of your driver to our receptionist prior to your appointment.**
3. If you are pregnant, plan to become pregnant or are breast-feeding, do not take this medication.
4. Do not use if you have had negative reactions to other benzodiazepines, you have a history of drug dependence or if you are seriously depressed.
5. Do not take if you have a history of glaucoma.

### **What are the Side Effects?**

<b>Most common side effects</b>	dizziness, drowsiness, headache, amnesia & confusion
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